



F.K.S. PHYSICAL EDUCATION RULES

KIT/EQUIPMENT

1. Pupils must have **full** kit at all times, including 'wet weather kit', in case of unforeseen changes to the timetable.
2. Appropriate school regulation P.E. kit is to be worn for each lesson. **Failure to do so could result in non-participation.**
3. P.E. tops are to be tucked in tidily.
4. Pupils must wear suitable footwear for each activity, e.g. trainers, astros, football boots, plimsolls or dancing shoes. Any laces/straps must be tied up in a safe manner. **Pupils are expected to be able to tie their own laces or have Velcro fastenings.**
5. If a child has a problem with his/her P.E. kit they are to see a member of the P.E. staff.

SAFETY

6. Pupils are required to place their watches in a 'watch box' – supervised by their P.E./Class Teacher – at the time of changing into P.E. kit. **No pupil is permitted to collect a watch for a friend.**
7. No jewellery is to be worn.
8. Hair is to be tied back and away from the face by regulation colour hair accessories.
9. Gum shields **must** be worn for all hockey (and **are recommended** for tag rugby) lessons. If for any reason this is not practical, a letter is required (FAO Mr. Davidson) stating the reason for no gum shield, and giving the parents' permission for their child to take part in these activities without a gum shield. **Failure to do so will result in non-participation.**
10. Shin guards **must** be worn for football and hockey. **Failure to do so will result in non-participation.**
11. No pupil is allowed on to the field without a teacher (pupils should wait on the playground).
12. No pupil is to touch/interfere with any equipment unless a teacher has given permission.
13. No pupil should enter the equipment cupboards without a teacher's permission.
14. For Netball, nails **must** be short.
15. If a child is to be excused from a P.E. lesson, this must be put in writing by the parent (unless the child has fallen ill during the school day). A follow up letter will then be required when the pupil is able to participate again.

FIXTURES

16. Any school kit given out for fixtures needs to be washed **before it is returned.**
17. Parental consent forms for fixtures need to be returned by the date specified. **Late replies could result in a pupil missing the game.**

Reviewed and September 2011